

Inside Out Christian Counseling, Inc.

Informed Consent

- 1. Relationship:** I have been informed by Inside Out Christian Counseling, Inc., referred to as Inside Out Christian Counseling, that biblical counseling and spiritual guidance are being provided; that this agreement shall govern the professional relationship between myself the client, and the counselor.
- 2. Confidentiality and Mandatory Reporting:** This counseling ministry operates under the clergy/client confidentiality privilege, which means that communication between the client and minister of counseling is confidential. However, there are some circumstances where the counselor may choose to break confidentiality without consent of the client. These include instances where there is reasonable suspicion of the threat of serious harm to self, or to others, child abuse, abuse to the elderly or disabled or when otherwise required by law. Reasonable suspicion means that there is enough credible evidence to cause suspicion and thereby require further investigation by the proper authorities. Additionally, content relative to your counseling sessions may, at times, be shared between counselors of our Inside Out Christian Counseling team. This is in order to best facilitate your process. Any sharing of this nature will be at the discretion of your primary counselor.
- 3. Counselor and Qualifications:** All counselors working at Inside Out Christian Counseling are licensed and/or Ordained Ministers of the Gospel. Each counselor is licensed privately by the National Christian Counseling Association and has been trained under the auspices of Inside Out Academy, a Certified Academic Institution in conjunction with the National Christian Counseling Association. Counselors at Inside Out Academy hold various levels of education ranging from Bachelor in Christian Counseling to a Doctorate level. We are not state licensed, nor are we psychologists, or psychiatrists. While we are educated in regard to mental illnesses we refrain from diagnosis, and do not prescribe medication. As members of the clergy by our ministerial licensing we will not appear in court as professional witnesses.
- 4. Service:** I understand that this is biblically based counseling and not a secular service with a state licensed counselor. I further understand that I play a vital role in the results of counseling. I agree to make a good faith effort in the counseling process, which includes honest participation during sessions and in homework assigned.
- 5. Fees and Billing:** Counseling and fees are determined by Financial Policies form or a Financial Assistance Application and Determination letter used by Inside Out Christian Counseling. In the Initial Assessment (first session) the fee shall be paid at the start of the session. Payments can be made with credit card, cash, or check. It is not our policy to extend credit.

6. Appointment Time: Inside Out Christian Counseling works to make appointments in such a way as to avoid waiting times. However, in rare situations they do occur. When you are asked to wait, we appreciate your patience. We will do our best to notify each client of the additional waiting time. We would also ask that our clients have similar respect for our time. If a client is late more than 15 minutes without a notification to our office, your session may be shortened or potentially cancelled.

7. Canceling Appointments: If you are unable to make an appointment please call 24 hours in advance so we have the opportunity to assist another client. Clients who do not give 24 hours notices, barring emergency, will be charged a 25.00 fee. To assist our clients, we notify each person one to two days in advance with a reminder call or text message.

8. Counselor: Your sessions may include an additional counselor whose presence may or may not be ongoing in your process. The client's progress is consistently utmost at Inside Out Christian Counseling and the use of an additional counselor would be employed to that end. At times, for educational purposes, a student counselor may be involved.

9. Assignments: Make a determined effort to complete any assignment requested by your counselor, including acquiring and reading any books suggested relative to your specific issues. It is sometimes the thought process of persons coming to counseling that the counselor will provide healing without the input of the counselee. At Inside Out Christian Counseling, we believe the person requesting our services contains inherently, in the company of Christ, truth which can bring them to freedom. Your ultimate peace will be found in participation by you, the counselor, and the Holy Spirit. Assignments are given so that you are fully enrolled in this process.

10. Termination of Counseling: Counseling may be terminated by mutual consent between the client and the counselor. This can occur in either verbal or written form. However, both the client and the counselor have the right to terminate counseling at any time.

11. Counseling Agreement: I understand and of my own free will accept and agree to abide by this Informed Consent Agreement as presented. I understand my personal responsibility to maintain confidentiality, and that bringing a third party into the counseling appointment may waive the confidential communication privilege during that session. If any of these policies are found to be unenforceable, the rest of the agreement is still in effect.

By signing below, I verify that I am in agreement with the content of this Informed Consent document.

Signature

Date